

What is The Ninja Zone?



Ninja Zone is a new sport geared toward children age 4-11. It is a fusion of elements of Gymnastics, Martial Arts, Obstacle Course Training and Freestyle Movement.

Ninja Zone uses your child's energy to create focus! Beyond skill, this class teaches: Self-Confidence, Discipline, Impulse Control, Responsibility, and Instinctual Safety.

Registration for Ninja classes will open August 21st.

Class start Sept. 15, 2017.

Classes will be offered on Friday afternoon only. The class schedule will be available at: www.klahhanegymnastics.org After August 14th.

The classes have a 6:1, only 6 students per class! We expect classes to fill up. There will be separate classes for:

Li'l Ninjas (boys) age 4; and 5-6; Ninjas (boys) age 7-8 and 9-11
Ninja Girls age 4-6 and 7-11. Each class meets once a week.

Classes for Li'l Ninjas and Ninja Girls 4 -6 are 45 minutes. Cost is \$63 per month. Classes for Ninja's age 7-11 and Ninja Girls age 7-11 are 60 minutes at \$66 per month.

In an effort to promote discipline and unity, Ninja Sport International requires uniforms for all Ninja classes. What constitutes a "Ninja Uniform"?

- Ninja Zone T Shirt
- Ninja Headband
- Athletic Shorts (elastic waist) of choice

Ninja grip socks are optional – otherwise no socks or shoes

All items are available on line at the Ninja Store

<http://theninjazone.store/uniforms/>

We will be stocking shirts for sizing purposes only.



If you have additional questions please call our office at 360-460-5187. Office hours are listed on the website calendar www.klahhangymnastics.org

We'd love to have you join us!